

NEW! Climbing Sessions for adults at West London Academy Community Sports Centre

The West London Academy Community Sports Centre is running an introductory 7 Week Climbing Course that will run from November all the way through to mid-December. This is an ideal opportunity to learn a new skill and keep fit and flexible at the same time.

The course will be run by fully qualified instructors from HOAC (Hillingdon Outdoor Activity Centre) at the WLA Climbing Wall in the Gym and all equipment will be supplied. We are aiming to run a follow-up course at the start of the New Year should you miss out on the fun this time round!

Wednesday 7th November - Wednesday 12th December

Price: Only £24.50 for the course

Time: 6:00 p.m. – 7:00 p.m.

Level: All abilities

Places available: 20

Who: Everybody welcome including staff, family & friends.

Pro rata: Should you not be able to make every week, you can turn up and pay weekly

If you would like to enroll for the course please contact the Community Sports Centre Manager Mr Andy Ackrell on 020 841 4480 or email cscm@westlondonacademy.co.uk

Winter P E kit

In this cold weather can we remind all parents and students that it is important that students are fully equipped for outdoor P.E. lessons.

All students will need tracksuit bottoms, a P.E. sweatshirt (purchased the Academy Uniform Shop) football boots (if they have grass lessons or out of school hours sessions), and a towel for showers. Sport specific gloves, which can be bought at sport shops, can be worn if the teacher has agreed that this suits the activity a student is taking part in. In addition this year we will be allowing blue or black woollen hats for outdoor lessons.

Please note: scarves, caps or coats are not permitted in PE lessons.

New C lubs

Next week a new **Climbing club** will be starting on Tuesdays from 4:00 - 5:00 p.m.

This is a very exciting opportunity for students to have the opportunity to have a go at a sport that schools rarely offer. Places will be allocated on a first come, first served basis - all students are welcome.

Letters can be collected from 12.1 on Friday after school from Mr Cordwell and replies must be handed in at the start of the day on Monday 5th November 2007 to Mr Cordwell in the PE office. Get your reply slips in fast as this is an opportunity not to be missed!



Year 7 Trip

Year 7 will have the opportunity to visit a Hindu Temple to help them with their work on 'How People Worship' in RS this half term.

The trip is being organised for the 29th November, and students will receive a letter in their RS lessons next week.

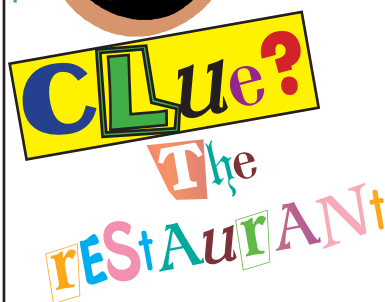
Please see your RS teacher or Mr Allnutt for further details. Students need to return their permission slips ASAP to avoid disappointment.

THE SCIENCE

CORNER

Get your answers in to Mr Gaza by Wednesday 31st October. Each weekly winner will be entered into a draw at the end of term for a fantastic prize.

1. Insoluble carbohydrate with big molecules
2. These are needed in very small amounts to keep body processes working properly
3. Proteins are made up from a string of these
4. This is where mainly indigestible food is stored
5. Muscular organ in your body that churns up food
6. It is needed to drive all life processes



Lat Weeks Answers:

1 ear drum 2 decibel 3 amplitude 4 hertz 5 oscilloscope 6 vacuum

S chool Production Rehearsals

Tuesday – 3:30 - 5:00 p.m. X Factor (Drama Studio)

Wednesday – 3:30 - 5:00 p.m. Chicago/Cabaret (Music Room)

Thursday – 4:00 - 5:00 p.m. Melodrama (Drama Studio)

Friday – 3:30-5:00 p.m. Charlie Chaplin (Drama Studio)

XI CLUB OF 2006

Invite parents and staff to a

Grand Christmas Bazaar

21st and 22nd November, 3:00 p.m.

In the Access and Inclusion Centre
(Next to the Primary School gate entrance)

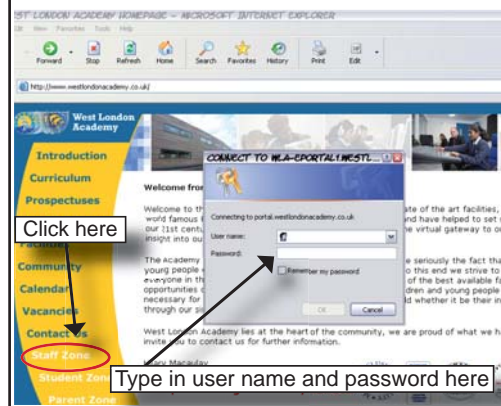
Come along to buy your Christmas cards, wrapping paper, tree decorations and gifts at bargain prices. We will also be holding a raffle with a seasonal theme. Please support us in our Enterprise and Entrepreneurship venture. We look forward to seeing you there!

Subject Overviews

Parents are now able to check the new Key Stage 3, 4 and 5 Subject Overviews on the High School section of the Parent Zone.

Username: WLAparent

Password: zone



| P.E. CLUBS. | | | | | | | | | |
|-------------|---|--|---|---|--|--|---|---|---|
| Monday | Primary Dance Dance Studio | BTEC Theory Club 12.1 | | | | | | | |
| Tuesday | Indoor Rock climbing All years Gymnasium | Sports Hall Athletics Sports Hall | Netball Years 7-8 (after school) Sports Hall | Rugby Years 10-11 4-5pm Grass Area | Table Tennis (year 7 Girls ONLY) 3.30-5.00 Theatre | Hockey All years Mixed 3.30-5.00 Astro | Year 7 boys football 4.00-5.00 Astro | Year 10 Boys Football 4-5 pm Astro | Boys Recreation Football Year 7-9 3.30-5.00 Astro |
| Wednesday | Dance All years 4:00 – 5:00 Dance Studio | Basketball All years (before School) 7.45-8.30am Sports Hall | Table Tennis Open – boys, Girls, JC Students (After school) 3.30-5.45 Sports Hall | Rugby Years 7-9 4-5pm Grass Area | Boys Football Years 8-9 Practice Astro | Girls U/14 Football 4-5pm Astro | Netball Practice Years 9,10,11 4.00-5.00 MUGA | | |
| Thursday | Cheerleading 4.00-5.00 Dance Studio | Mixed Table Tennis Open 3.30-5.45 Sports Hall | Girls football U/16 4-5pm Grass Area | Basketball All years 4-5pm MUGA | <p>This is the revised timetable of sports clubs currently running at the Academy. Students must have permission from their parents/carers to be able to participate in after school clubs with a signature in their Planner. Planners will be checked by their teacher.</p> | | | | |

D&T CLUBS, MERITS & REWARDS

Collect D&T MERITS and you will be rewarded with an exclusive D&T badge. There are three D&T badges to collect, the first is a Designer's badge, secondly a Maker's badge and finally a Craftsman's badge. Merits will be awarded for attendance to the D&T clubs, designing skills and making skills. D&T teachers will also be focusing on equipment, attendance & punctuality to lessons.

Get your teacher's attention through the quality of the work you produce.

Check out the D&T display board in the year 9 pod for  times.



- Collect 4 Merit stickers and you will awarded a D&T Designers Badge
- Collect 8 Merits and you will be awarded a D&T Makers badge
- If you are talented enough to collect up to 12 Merits you will receive a D&T Craftsman's badge

Craftsman's Badge = D&T GURU status!!